



**manitoba co-occurring
disorders summer institute 2012:**
**celebrating curiosity, creativity,
collaboration and courage**

june 18 – 22 2012 | winnipeg, manitoba
university of winnipeg and brandon university - winnipeg campus



**ADDICTIONS
FOUNDATION
OF MANITOBA**



**Winnipeg Regional
Health Authority** **Office régional de la
santé de Winnipeg**
Caring for Health À l'écoute de notre santé



**BRANDON
UNIVERSITY**

Founded 1899

Manitoba 



**manitoba co-occurring
disorders summer institute 2012:**
**celebrating curiosity, creativity,
collaboration and courage**

welcome

On behalf of the Manitoba Co-Occurring Disorders Summer Institute 2012 Steering Committee I would like to welcome you to our very first Summer Institute.

Our theme:

Celebrating, curiosity, creativity, collaboration and courage is meant to honour the hard work of clinicians, educators, policy makers, program managers, support workers, those on the front-line, peer support and self-help organizations, family members and supporters and those with lived experience on this journey of hope and dreams.

Our collective dream has been to build a more responsive, effective and compassionate system of care and support, through relationship building, dialogue and knowledge acquisition, but most importantly through daring to hope together. Much has been accomplished in the last ten years and it is indeed time to Celebrate!

In 2010/11 we asked where you wanted to go next and what you wanted to learn. The feedback you generously shared and the topics of interest you selected helped us build this Summer Institute Program for you.

We are incredibly proud of the program and we believe there is something here for everyone. An amazing group of presenters have stepped up to share their knowledge, successes, challenges and stories.

We hope to leave you with a feeling of fullness, a belief in possibilities and a sense of excitement and rejuvenation. We want to whet your appetite with a desire for more.

Looking forward to your arrival in June.

Debra Dusome

Chair Manitoba Co-Occurring Disorders Summer Institute 2012 Steering Committee



keynote speakers



Dr. Martin Brokenleg

Reclaiming and Engaging Youth

Dr. Brokenleg will address the Circle of Courage, Culture and Helping, Effects of Family Experience on Resiliency and At Risk Youth. Resilience and the spiritual aspects of engaging youth will be central to his presentation.

Dr. Martin Brokenleg consults worldwide and serves as the Dean of the Circle of Courage Institute. He holds a Doctorate in Psychology and is a graduate of the Episcopal Divinity School. He is the Emeritus Professor and was most recently Director of Native Ministries and Professor of Native American Theology and Ministries at the Vancouver School of Theology in Vancouver, British Columbia. For thirty years Dr. Brokenleg was Professor of Native American Studies at Augusta College of Sioux Falls, South Dakota. He has also been a Director of The Neighbourhood Youth Corps, Chaplain in a correctional setting, and has extensive experience as an alcohol counsellor. Dr. Brokenleg has consulted and led training programs throughout North America, New Zealand and South Africa. He is the father of three children and an enrolled member of the Rosebud Sioux Tribe practicing the culture of his Lakota people.

Jo-Anne L.

Recovery Story

If you had told me in the 60's when I was a resident of Selkirk Mental Health Centre that I would find A.A. and that by 2007, I would become a Trustee on the General Service board of Alcoholics Anonymous ... and travel the world literally on behalf of A.A., I would have told you to get a new doctor.

Here is the story;

Sad girl gets good, finds A.A. then gets better, and steps ashore to a new life. I look back now and see that because of circumstances, I psychologically singled myself out in my own head thinking there was something wrong with me. I drank, used drugs to feel better and to fit in. I did not know or understand that I would not be able to control my drinking once it started... I never seemed to have enough of anything. It was a very interesting combination... my head and alcohol and drugs...



John Briere, Ph.D., Associate Professor of Psychiatry and Psychology, Keck School of Medicine, University of Southern California; Director, Psychological Trauma Program, LAC-USC Medical Center.

Advances in Trauma Treatment: Critical Issues and New Developments

Among the topics addressed in this keynote will be (a) "complex trauma" as an alternative paradigm; (b) the adaptive functions of "dysfunctional" and "acting-out" behaviors, (c) titrated exposure, affect regulation, and the therapeutic window; (d) the neurobiology of compassion and attachment as they relate to trauma treatment; (e) the Pain Paradox, and (e) the role of mindfulness, meditation, and metacognitive awareness.

John Briere, Ph.D., is an associate professor of Psychiatry and Psychology and director of the Psychological Trauma Program at the Keck School of Medicine, University of Southern California, where he consults and teaches in the emergency room, burn unit, and inpatient psychiatry. A graduate of the University of Manitoba (PhD, 1985), he is past president of the International Society for Traumatic Stress Studies, recipient of the Award for Outstanding Contributions to the Science of Trauma Psychology from the American Psychological Association, and designated a Highly Cited Researcher by the Institute for Scientific Information. He has authored over 100 articles and chapters, 10 books, and eight psychological tests. He teaches on trauma, therapy, and mindfulness practices internationally. For more information, visit: www.johnbriere.com.

day one - special populations

monday, june 18th, 2012

08:00-08:30
Registration

08:30-09:15
welcome and introductions

Welcome: Dr. Dean Care, Dean, School of Health Studies, Brandon University. **Introduction:** Fran Schellenberg, Executive Director, Mental Health and Spiritual Health Care, Department of Healthy Living, Seniors and Consumer Affairs.

09:15-10:15
keynote speaker:

Dr. Martin Brokenleg, Ed.D.
Reclaiming and Engaging Youth

Dr. Brokenleg will be addressing the following areas: Circle of Courage, Culture and Helping, Effects of Family Experience on Resiliency and At Risk Youth. Resilience and the spiritual aspects of engaging youth will be central to his presentation.

10:15-10:45
morning break

10:45-12:00
keynote continues

12:00-1:15
lunch break

1:15-2:30
concurrent sessions

Session 1-1:

1 (Mental Illness) + 1 (Addiction) + 1 (Ageism) = 10: The Reality of Older Adults Living with Co-Occurring Disorders
Presented by: Shannon Morrow-Stritz, RPN/CMHW and Deb Kostyk, RSW, CGC

Co-occurring disorders (COD) in the older adult population are under-recognized and under-resourced. Research suggests older adults requiring addiction treatment will triple by 2021. Please join us as we provide information, explore the challenges associated with older adult COD's, treatment approaches and gaps in service. We invite the session participants to share their experiences and contemplate future solutions.

concurrent sessions

Session 1-2:

Perceptions of Adults who have Grown Up with a Parent with a Mental Illness

Presented by: Elaine Mordoch, RN, PhD

Few studies have investigated adult children's experiences as a source of authority and knowledge on outcomes of parental mental illness (PMI). The aim of the study was to explore how adults who have grown up with PMI managed their childhood experience, what they remember as helpful and what hindered them as children.

Session 1-3:

Dual Recovery Inside and Out: Ferrying People from Corrections to Community

Presented by: Stan Rossowski, Acting Coordinator, Dual Recovery Project

The Dual Recovery Project delivers co-occurring disorders information, programming and support to inmates who have a history of substance abuse and mental illness. Focusing on understanding of co-occurring disorders, strategies for daily living, effective emotional management, resiliency and relapse prevention and planning for recovery and release, relationships formed inside the institution are maintained in the community, providing ongoing peer support for maintaining sobriety and wellness. In this presentation we will look at the concepts behind our approach and similar work being done in other jurisdictions and report on our early results.

Session 1-4:

Minority Stress: The impacts of Homophobia, Biphobia, Transphobia and Heterosexism on Sexual and Gender Minorities

Presented by: Brad Tyler West

This session will explore the context behind the disproportionality of mental health disorders amongst gay, lesbian, bisexual and transgender populations. Sexual orientation and gender identity will be explored along with strategies for creating an affirming and positive practice and environment for all sexual and gender minority individuals and families.

2:30 -3:00 afternoon break

day one - special populations

3:00-4:15

concurrent sessions

Session 1-5:

A New Normal – Raising the Banner of the Good Life

Presented by: Jordan Bighorn, Co-Director,
Mino Bimaadiziwin Program

Essential change occurs at the deepest levels of our being. But, if we do not know or cannot identify who we are – How is change possible? The Mino Bimaadiziwin Program seeks to unfold human identity at its core, leaving an entire horizon of potential futures for the participants to follow. Using indigenous methods of balance and spiritual syncretism, the light of the Good Life dawns in the midst of so much darkness.

Session 1-6:

STAR (Success Through Advocacy and Role-Modelling) Mentorship Program

Presented by: Marsha Simmons, FASD Mentoring
Supervisor Southeast Resource Development Council and
Elizabeth Head, Program Manager, STAR Mentor Program
at Cree Nation Tribal

STAR is funded through First Nation's and Inuit Health Branch as an FASD prevention program and is delivering services to First Nation's families living on-reserve using a modified replication of the best practice model out of Seattle Washington – P-CAP (Parent-Child Assistance Program). This workshop will explain the program background, identified need and key elements for an intervention and the harm reduction approach that is taken while working with a woman (and her family) for a 3-year duration on her journey from intake and exit.

Session 1-7:

Co-Occurring Mental Health and Substance Use Issues Among Immigrants and Refugees

Presented by: Chez-Roy Birchwood, MA (WRHA)

Canada's population is culturally diverse and becoming even more diverse as a reflection of immigration patterns. Subsequently, the population being served by both mental health and addictions services are also becoming more diverse. This interactive presentation focuses on the unique and common experiences of Canadian newcomers in regard to mental health problems and concurrent substances issues.

Areas to be covered include: Impact of Immigration Patterns, Impact of Culture, Trauma, Culture-Shock and Adaptation, Help-seeking Behaviours, Patterns of Distress and Addictions, and Mental Health and Recovery. This would be a great time to ask questions and make suggestions in regard to future changes in this area. This presentation would be targeted to beginning and intermediate levels.

Session 1-8:

The Challenge and Promise of "Harm Reduction" Housing for individuals with Co-Occurring Disorders.

Presented by: Brent White, B.Sc. (BRHA)

As a Manager in Mental Health in Brandon, Brent has had first-hand experience developing housing and supports that promote recovery for individuals with co-occurring disorders. Brent will speak about some of the challenges and successes in developing "harm reduction" housing in an "abstinence model" community. Brandon is Manitoba's second largest city with one of the lowest vacancy rates in Canada.

Session 1-9:

Methadone and Suboxone in the Treatment of Opiate Addictions

Presented by: Laurie Magee, RPN (AFM, MINE) and Dr.
Lindy Lee MD., FRCP-C, CSAM (AFM, MINE)

Laurie and Dr. Lee will speak about the Addictions Foundation of Manitoba's Methadone Intervention and Needle Exchange Program (m.i.n.e.). She will present on the use of methadone and suboxone in the treatment of opiate dependency, including working with clients with co-occurring disorders. She will also discuss the team approach at m.i.n.e. and how the team collaborates with external partners to assist clients.

Session 1-10:

The Difference Belonging Can Make – Perspectives on Prevention from Rossbrook House

Presented by: Phil Chiappetta, Co-Executive Director
of Rossbrook House

Where do youth drop-in centres fit within Addictions and Mental Health Services? What makes a difference for young people facing risky environments and lack of resources?

Positive relationships are essential as are providing opportunities that build self-confidence and a sense of belonging in youth. Rossbrook House has served children and youth in Winnipeg's inner city since 1976 by providing positive alternatives to the streets 365 days of the year and 24 hours every weekend or period of school holidays.

A variety of recreational, cultural, arts, educational and employment opportunities to foster positive growth and development are available to young people coming to Rossbrook House.

day two collaborative partnerships & success stories

tuesday, june 19th, 2012

08:30-09:00
welcome coffee

09:00-09:15
Introduction:
**Collaborative Partnerships
and Success Stories**
Debra Dusome, Brandon University

09:15-10:15
Recovery Story
Joanne

10:15-10:45
morning break

10:45-12:00
Sampler Platter:

Panel Discussion on Collaborative Partnerships
Panel moderator: Nicole Laping, Addictions
Foundation of Manitoba

Panel participants:

- Ebony Donaghy, Nor-Man RHA and
- Lannie Bosman-Leptick, AFM Flin Flon Team
- Sheryl Campbell, 7th Street Access Centre
- Lin Conover and Kelly Southworth, Community Mental Health Program, WRHA
- Alexander Sawatsky, Booth University College
- Michelle Reichert, Shared Care, WRHA

12:00-1:15
lunch break

1:15-2:30
concurrent sessions

Session 2-1:

**Challenges and Opportunities Working with a
Multi-Cultural Community**

Presented by: Sheryl Campbell, BN, MN, RN, NP

In recent years, Brandon has seen a large newcomer population due to recruitment by Maple Leaf Foods. This has presented a number of opportunities as well as challenges, which will be presented from the multi-disciplinary point of view of staff at Brandon RHA's 7th Street Health Access Centre.

Session 2-2:

Who's Part of the Circle of Support?

Presented by: Lin Conover, BSW, Team Leader for CODI Outreach Team, Community Mental Health Program of WRHA and Kelly Southworth, MSW, Practice Development Coordinator for the Community Mental Health Program of WRHA

This interactive presentation explores why we make referrals and request consultations. Through these activities, we expand the circle of support around the people we work with. The CODI Outreach Team has had particular success with engaging family physicians as part of the support circle. Engaging the right combination of support is challenging and we all will learn from the Team and from one another in this workshop.

Session 2-3:

Dual Disorders in Indiana

**Presented by: Alexander Sawatsky, MSW, RSW, PhD
Candidate, Assistant Professor of Social Work, Booth
University College**

The topic will be about Alex's experience starting an ACT program within a closed community psychiatric continuum of care. Due to the nature of the Evidence-Based Practice movement as it unfolded in Indiana and the context within which the program was started, it became evident that a new paradigm for treating addictions was essential if our ACT program was going to work. The story of how this unfolded, along with the challenges in bringing about organizational changes in dual disorders treatment are highlighted.

day two collaborative partnerships & success stories

tuesday, june 19th, 2012

1:15 - 2:30 concurrent sessions

Session 2-4:

Are We There Yet? – The Strengths and Barriers of the CODI Partnership in Rural and Remote Areas

Presented by: Lannie Bosman-Leptick, Community-Based Program Supervisor, Addictions Foundations of Manitoba, Flin Flon and The Pas and Ebony Donaghy, Mental Health Clinician, NOR-MAN Regional Health Authority

This session will be an interactive discussion that focuses on the importance of building strong relationships throughout the process of implementing and maintaining the Co-Occurring Disorders Initiative.

Session 2-5:

Shared Care: Collaborative Partnerships in Action

Presented by: Michelle Reichert, MSW, RSW and Nancy Wightman MD, FRCPC

This session will provide a brief overview of the Shared Care model, highlight the key role primary care plays in delivering mental health care, and employ case examples to demonstrate the benefits of the Shared Care model for working with individuals with co-occurring disorders.

2:30-3:00 Afternoon Break

afternoon/evening

3:00–4:15

Panel: Caregiver and Consumer Success Stories

Facilitator: Nicole Laping, Addictions Foundation of Manitoba

This facilitated panel discussion will explore questions such as:

- What makes a successful 'collaborative partnership'?
- What is necessary for a successful relationship between a client and a helping professional?
- What was your most powerful memory about your experience within the system?
- What was/is the biggest barrier to receiving and providing service for you?

5:00–6:00

Stone Soup - Evening Of Entertainment

Self-Help Display Booths

Welcome

- Coffee, Tea, Non-Alcoholic Beverages
- Appetizers
- Visiting

6:00–7:00

Dramatic Presentation – Brandon University, Psychiatric Nursing, Community Health Students

- 30 – 45 minute set
- 15 – 30 minute networking

7:00-8:00

Coffee House Set – Matthew Sarbit

Partnership for Consumer Empowerment

- People sharing, writing, recovery stories, comedy and songs

8:00–9:00

Art Beat Studio Presentation - – Nigel Bart, Studio

Facilitator, Artbeat Studio Inc. and Lucille Bart, Executive director, Artbeat Studio Inc.

Celebrating the Multidimensional Role that creativity plays in the lives of individuals with mental illness

day three trauma

wednesday, june 20th, 2012

9:00 – 09:15

Welcome and Introductions

- Tim Wall, Director of Counselling Services, Klinik Community Health Care
- Drummers

9:15 -10:15

Keynote Speaker:

Dr. John Briere

Advances in Trauma Treatment: Critical Issues and New Developments

Among the topics addressed in this keynote will be (a) "complex trauma" as an alternative paradigm; (b) the adaptive functions of "dysfunctional" and "acting-out" behaviors; (c) titrated exposure, affect regulation, and the therapeutic window; (d) the neurobiology of compassion and attachment as they relate to trauma treatment; (e) the Pain Paradox, and (e) the role of mindfulness, meditation and metacognitive awareness.

10:15 -10:45

morning break

10:45 -12:00 Questions and Answers

Keynote continues

12:00 -1:15

lunch break

1:15 - 2:30

concurrent sessions

Session 3 - 1:

The Neurobiology of Trauma: Impact and Implications

Presented by: Joscelyn Proulx, Ph.D.

This presentation will summarize the current research on the impacts of trauma on the brain, with a focus on neurological changes associated with posttraumatic stress. Genetic markers that may affect the development of trauma effects will be part of the discussion. Current treatment methods for trauma, along with the implication for their impact on the brain and functioning, will be covered.

1:15-2:30

concurrent sessions

Session 3 - 2:

Movement, Breath and Sound in Trauma Recovery

Presented by: Tereza Gomes, M.A. Psychology, M.S. Counselling

This presentation includes an experiential and a didactic component. The didactic component includes information about the body as it relates to the movement, sound and breath practices and to trauma recovery. By engaging in these practices, participants will access slower, fluid states. The fluid in our bodies react to speed, stress and trauma by condensing and rigidifying. Breath and sound reduce our speed, decompress and revitalize the fluids. Wear comfortable clothing.

Session 3 - 3:

Beyond Talk: Mindfulness Practice in Mental Health

**Presented by: Mary-Jo Bolton, M.M.F.T. and
Christine Willette, MSW, RSW**

There has been an explosion of interest in the application of mindfulness in the treatment of physical and mental ill health in the last thirty years stemming from the development of the Mindfulness Based Stress Reduction program by Jon Kabat-Zinn in 1979. This brief introduction will focus on the mind/body practices explored in MBSR and the application and general outcomes experienced by many of the trauma affected participants at Klinik and elsewhere.

Session 3 - 4:

Trauma Recovery and Traditional Aboriginal Teachings and Practices

Presented by: Anne Poonwassie, M.A.Ed., S.F.S.S.

This workshop will briefly outline basic definitions related to trauma and explore traditional community-based approaches in addressing traumatic events. Participants will have the opportunity to discuss the challenges in applying traditional approaches to complex trauma treatment in the context of residential school abuse and other historical forms of abuse that complicate traditional treatment applications. Finally, the workshop will provide specific strategies for utilizing traditional treatment approaches successfully in addressing historical and inter-generational complex trauma in a gentle, safe and effective way.

wednesday, june 20th, 2012

day three trauma

1:15 - 2:30
concurrent sessions

Session 3-5:

Trauma from a Dialectical Behavior Therapy Approach

Presented by: Dr. Michael Ellery, Ph.D., C.Psych.Candidate

Dr. Ellery will provide a brief overview of DBT (an integrative approach to the treatment of borderline personality disorder, which has been adapted for substance use disorders, eating disorders, and mood disorders), and discuss DBT's conceptualization and approach to trauma treatment.

2:30-2:45 Afternoon Break

2:45 –4:00
concurrent sessions

Session 3-6:

Spirituality and Health Care

Presented by: Karen Toole, Provincial Spiritual Health Care Coordinator, Manitoba Healthy Living, Seniors & Consumer Affairs

In clinical care, there is a growing awareness that spirituality – the way a person searches for and finds meaning through a variety of avenues – is an integral part of overall health and, by extension, that spiritual health care must be integrated into a broader understanding of health care both as underlying theory and in applied practice.

To address the holistic reality of human beings throughout the life journey and in the context of mental health and substance use concerns and issues, clinicians are becoming aware of the importance of understanding the spiritual beliefs, practices and values of the multicultural and spiritual diversity in Manitoba.

The five guiding principles of spiritual health care practice are human experience, accompaniment, inclusivity, leading practice and collaboration. In this session Karen will explore how Spiritual health care closes the gap between patient and provider by focusing on the quest of self-awareness as an essential encompassing aspect of healing and wellness.

Session 3-7:

Beyond Surviving To Thriving: The Importance of Promoting Positive Mental Health Across the Continuum of Care

Presented by: Marion Cooper, RSW

Exploration of the opportunities to support and enhance well-being across the continuum of mental health and addiction services for individuals, families and the broader community. We will explore how each of us working within the system of care has a role to play in fostering the development of positive mental health by supporting individual resilience, creating supporting environments and addressing the influence of the broader determinants of health.

Session 3-8:

Trauma and Addictions: The Bridge Over the River 'Why?'

Presented by: TBA

Addictions Foundation of Manitoba (AFM) staff will share current thinking in the area of trauma and addictions. They will present on the learning experience the AFM Trauma Working Group has gained from recent conferences, webinars and an extensive literature review. There will be plenty of opportunity for an interactive discussion with participants and facilitators to share their experiences and knowledge in the area.

Session 3-9:

Vicarious Trauma

Presented by: Cheryl Matthews, M.M.F.T.

This workshop will look at the definition of vicarious trauma, its impact on our minds and bodies, the neurobiology of trauma, the warning signs of vicarious trauma as well as strategies to address and protect against it. It will incorporate mindfulness practices to provide the participants with the experience of these practices and how they might be useful in working with and being affected by vicarious trauma.

day three trauma

wednesday, june 20th, 2012

2:45 –4:00
concurrent sessions

Session 3-10:

Trauma-Informed Care from a Policy Perspective

Presented by: Tim Wall, Director of Counselling Services, Klinik Community Health Care

This presentation will examine the meaning behind being a trauma-informed service and explore trauma-informed care from a policy and systems perspective. The workshop will include a discussion on what it means to be trauma-informed, why it is important and the process of becoming a trauma-informed organization.

Session 3-11:

Borderline Personality Disorder: Stigma and Trauma

Presented by: Dr. Michael Ellery, Ph.D., C.Psych.Candidate

Dr. Ellery will discuss the stigma associated with borderline personality disorder and present Dialectical Behavior Therapy's (DBT's) non-pejorative, trauma-informed conceptualization of the disorder as a model to help clinicians, clients, and others reduce the impact of stigma.

for everyone:

4:00-4:30

A Vision for the Future:

A Trauma-Informed Province

Presented by: Tim Wall

observations from the day

Presented by: Dr. John Briere

june 21 & 22, 2012

post-institute workshops

post-institute workshop #1

(maximum attendance - 40)

Presented by Dr. Sheri Fandrey, BSP, PhD

Dr. Sheri Fandrey joined the Addictions Foundation of Manitoba as a Prevention and Education Consultant in 2003, following 5 years teaching at the University of Manitoba's Faculty of Pharmacy. Sheri has also taught at the college of Pharmacy and Nutrition at the University of Saskatchewan and the School of Pharmacy, Texas Tech University. Sheri received her bachelor's degree in Pharmacy and her Ph.D. (Toxicology) from the University of Saskatchewan.

street drug & medication interactions

Outline:

- What increases risk of drug abuse and addiction?
- What effects are common to various psychoactive drugs?
- How do psychoactive drugs exert their effects in the brain?
- What happens when street drugs are combined with medications?
- How can we predict the effects of different combinations of drugs?

post-institute workshop #2

(maximum attendance - 30)

Presented by Cheryl Matthews, AMMFT and Christine Willette, MSW, RSW

Cheryl Matthews completed her undergraduate degree at Acadia University and Masters of Marriage and Family Therapy at the University of Winnipeg. Cheryl has worked in the federal correctional system as a parole officer for a number of years before working as a family therapist within a community agency. Currently, Cheryl works at Klinik Community Health Centre as the Coordinator for the Manitoba Trauma Information and Education Centre. Cheryl has also worked in the development and facilitation of groups for homicide survivors. In addition to her private practice work, Cheryl is also an Approved Supervisor with the American Association of Marriage and Family Therapists.

Christine Willette completed an undergraduate degree in cultural anthropology at Trent and an MSW at Laurier. She has been a practitioner of mindfulness meditation and qi gong for many years and is currently a co-leader of Mindfulness Based Stress Reduction groups at Klinik. She is particularly interested in the application of mind/body practice in trauma recovery. Chris is also involved with the Manitoba Trauma Information and Education Centre as a trauma-informed counseling workshop facilitator. She carries a caseload of people with developmental trauma. Chris is curious about the development of self-compassion practices within workplaces and their effect on the staff's experience of vicarious trauma.

becoming trauma-informed: mind/body approaches to creating connection

This workshop will explore the neurobiological basis for the power of relationships and mind/body practices to heal trauma wounds throughout the lifespan. Particular attention will be paid to the work of Richard Davidson on the effects of mindfulness on the structure and function of neural systems associated with emotional regulation and the insights of Dan Siegel on attachment and the importance of building the capacity for the connection within our clients and ourselves.

Welcome Delegates to the
Co-Occurring Disorder Summer Institute



Welcome to the New Holiday Inn & Suites
Winnipeg Downtown.

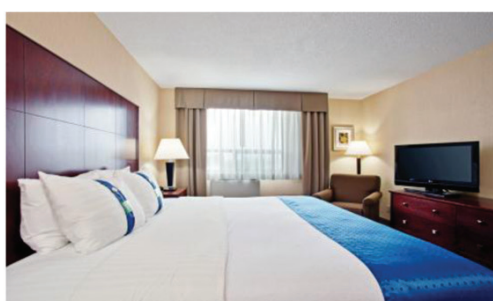
Summer Institute Rate

\$90.00 plus tax

Next door to the University of Winnipeg

*Indoor access to Starbucks and
Garbonzo's Pizza Pub*

*We offer **FREE** wireless high-speed access
throughout the hotel including all guest
rooms*



*Everyone at the hotel is looking forward to
hosting you during to visit to Winnipeg.*

To book your room:

Call Toll free- 1-866-826-4457

Hotel direct - 1-204-786-7011

please mention your attending the

Online @ www.hiwinnipegdowntown.com

Use Group booking Code "SCI "

Link directly to booking page:

[Co-Occurring Disorder Summer Institute](#)



For more information, please contact:

Sales Department

1-205-786-7011 ext 5108

360 Colony Street / Winnipeg / MB R3B 2P3

PriorityClubRewards | IHG
www.priorityclub.com

204-786-7011 | 1-866-826-4457 | www.hiwinnipegdowntown.com

registration form

three day
institute:
june 18 – 20

post-institute:
june 21 & 22

manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

2012

location:

Three days of the institute (including concurrent sessions and the evening event) will be held at The University Of Winnipeg, 515 Portage Avenue, Winnipeg, Manitoba. The post-institute workshops will be held at Brandon University Winnipeg Campus, B104 - 491 Portage Avenue, Lower Level Rice Centre, Winnipeg, Manitoba in classrooms 1 & 2.

	cost	+	gst	=	total
option a: (best value) - 3-day institute (june 18-20, 2012) including all concurrent sessions - 2 post-institute workshops (june 21 & 22, 2012) - 1 ticket for evening entertainment event**	\$250.00		\$12.50		\$262.50
option b: - 3-day institute (june 18-20, 2012) including all concurrent sessions - 1 ticket for evening entertainment event**	\$180.00		\$9.00		\$189.00
option c: - 1 institute day or 1 post-institute workshop	\$75.00		\$3.75		\$78.75
option d: - single ticket for evening entertainment event	\$19.05		\$0.95		\$20.00

registration info

questions?

contact: Joy Henault
phone: (204) 772-0377 ext 221
fax: (204) 772-7842
email: henaultj@brandonu.ca

Please send your details and
the your selected option
registration to Joy.

**If you do not plan to attend the evening event, would you like to
donate your ticket? ☐ yes ☐ no

- Fees are **due at time of registration** (must accompany your registration form).
- **Payment options:** sorry, we are not able to accept credit card, interact or e-transfer payments.
- Please **pay by personal or institutional cheque made payable to Brandon University.**
- Receipts will be issued with your package when you register the first day.

please send your registration forms and payment to:

Mb COD Summer Institute 2012 - Registration
Brandon University- Winnipeg Campus
B105 – 491 Portage Avenue
Winnipeg, Mb R3B 2E4

registration form

three day
institute:
june 18 – 20

post-institute:
june 21 & 22

manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

2012
registration

your details

Please print clearly. Note: Please include all of your information, so we may contact you, if any of your choices are already full.

name	email	
title/position	organization	
work # ()	fax # ()	
address:		
city	province	postal code

Do you want your name, organization name and contact information included on the list of attendees that will be part of the institute program package? ☐ yes ☐ no

If yes, please provide information for the program here:

name	organization
email only	email & phone

Please select the options you are choosing. Check all that apply:

☐ Option a: ☐ Option b: ☐ Option c: ☐ Option d:

Reminder: The "your details" form and the "your selected option registration" should be sent to Joy Henault.



manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

registration form

2012

three day
institute:
june 18 – 20

post-institute:
june 21 & 22

your session selections

option a:

All inclusive Package \$262.50 (Best Value)

Please select by circling one concurrent session from each time slot:

day 1:

concurrent sessions 1:15-2:30 pm: session 1-1 session 1-2 session 1-3 session 1-4

concurrent sessions 3:00-4:15 pm: session 1-5 session 1-6 session 1-7 session 1-8 session 1-9 session 1-10

day 2:

concurrent sessions 1:15-2:30 pm: session 2-1 session 2-2 session 2-3 session 2-4 session 2-5 session 2-6

day 3:

concurrent sessions 1:15-2:30 pm: session 3-1 session 3-2 session 3-3 session 3-4 session 3-5

concurrent sessions 2:45-4:00 pm: session 3-6 session 3-7 session 3-8 session 3-9 session 3-10 session 3-11

evening entertainment event:

1 ticket included in the full package price. if you require more than one ticket, please complete the following:

option d (extra ticket for Evening Entertainment) :

Ticket(s) for Evening Entertainment Event Tuesday, June 19, 2012:

_____ tickets x\$20/ticket = \$ _____

post-institute workshops:

There are 2 workshops . They are the same on both days. Please select by circling the workshop date that is good for you.
Each workshop runs from 9:00 am – 4:00 pm

• **Street drug medication interaction** (maximum 40 participants)

thursday, june 21 or friday, june 22

• **Becoming trauma-informed: mind/body approaches to creating connection** (maximum 30 participants)

thursday, june 21 or friday, june 22

note: if your first selection is full, would you be willing to go to an alternate day/session if space is available?



yes



no

total being remitted for option a

\$ _____





manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

registration form

three day
institute:
june 18 – 20

2012

your session selections

option b:

Three day Institute and evening entertainment package \$189.00

Please select by circling one concurrent session from each time slot:

day 1:

concurrent sessions 1:15-2:30 pm: session 1-1 session 1-2 session 1-3 session 1-4

concurrent sessions 3:00-4:15 pm: session 1-5 session 1-6 session 1-7 session 1-8 session 1-9 session 1-10

day 2:

concurrent sessions 1:15-2:30 pm: session 2-1 session 2-2 session 2-3 session 2-4 session 2-5 session 2-6

day 3:

concurrent sessions 1:15-2:30 pm: session 3-1 session 3-2 session 3-3 session 3-4 session 3-5

concurrent sessions 2:45-4:00 pm: session 3-6 session 3-7 session 3-8 session 3-9 session 3-10 session 3-11

evening entertainment event:

1 ticket included in the full package price. if you require more than one ticket, please complete the following:

option d (extra ticket for Evening Entertainment) :

Ticket(s) for Evening Entertainment Event Tuesday, June 19, 2012:

_____ tickets x\$20/ticket = \$ _____

note: if your first selection is full, would you be willing to go to an alternate day/session if space is available?



yes



no

total being remitted for option b \$ _____





manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

registration form

2012

three day
institute:
june 18 – 20

post-institute:
june 21 & 22

your session selections

option c:

Individual daily attendance or one workshop day cost \$78.75 per day

Please select by circling one concurrent session from each time slot:

day 1:

concurrent sessions 1:15-2:30 pm: session 1-1 session 1-2 session 1-3 session 1-4

concurrent sessions 3:00-4:15 pm: session 1-5 session 1-6 session 1-7 session 1-8 session 1-9 session 1-10

day 2:

concurrent sessions 1:15-2:30 pm: session 2-1 session 2-2 session 2-3 session 2-4 session 2-5 session 2-6

day 3:

concurrent sessions 1:15-2:30 pm: session 3-1 session 3-2 session 3-3 session 3-4 session 3-5

concurrent sessions 2:45-4:00 pm: session 3-6 session 3-7 session 3-8 session 3-9 session 3-10 session 3-11

post-institute workshops:

There are 2 workshops . They are the same on both days. Please select by circling the workshop date that is good for you.
Each workshop runs from 9:00 am – 4:00 pm

- **Street drug medication interaction** (maximum 40 participants)

thursday, june 21 or friday, june 22

- **Becoming trauma-informed: mind/body approaches to creating connection** (maximum 30 participants)

thursday, june 21 or friday, june 22

note: if your first selection is full, would you be willing to go to an alternate day/session if space is available?



yes



no

total being remitted for option c, # of days _____ x \$78.75 = \$ _____





manitoba co-occurring
disorders summer institute 2012:
celebrating curiosity, creativity,
collaboration and courage

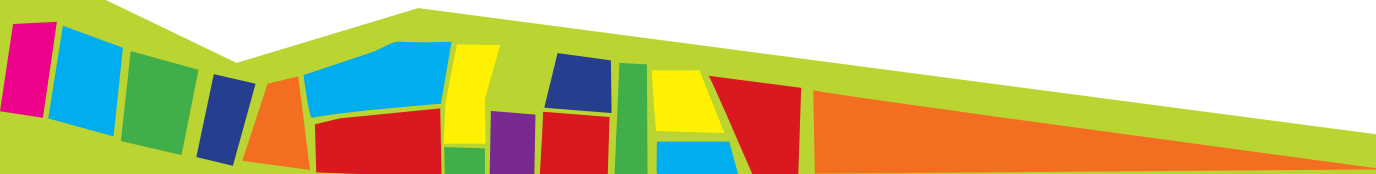
notes





**manitoba co-occurring
disorders summer institute 2012:**
celebrating curiosity, creativity,
collaboration and **courage**

notes





**manitoba co-occurring
disorders summer institute 2012:**
celebrating curiosity, creativity,
collaboration and courage

(204) 772-0377 ext 221

fax: (204) 772-7842

henaultj@brandonu.ca